



# SINDH AJRAK WELFARE TRUST

## PORTFOLIO

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# Agenda

Executive Summary

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Organizational Background

---

Services Coverage Areas

---

Shortage of Nurses

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Factors Behind the  
Shortage of Nurses

---

Core Services

---

Problem Statement &  
Project Goals & Objectives

---

Detailed Project Activities

---

Target Beneficiaries

---

Monitoring & Evaluation Plan

---

Success Stories

---

Conclusion

---

Contact US

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# Executive Summary

Sindh Ajrak Welfare Trust (**SAWT**) is a non-profit humanitarian organization dedicated to uplifting underserved and marginalized communities across Sindh, Pakistan. The organization delivers integrated services in :

1. **Healthcare**
2. **Education**
3. **Poverty Alleviation & Economic Empowerment**
4. **Disaster management.**

**SAWT places special emphasis on strengthening the nursing sector by providing scholarships, training programs, and professional development opportunities.**

With donor support, SAWT seeks to implement the 'Sindh Community Health, Education & Empowerment Program (SCHEEP)'—a multi-sector project designed to provide healthcare access, educational empowerment, economic uplift, and disaster resilience to vulnerable communities. This proposal details SAWT's services, goals, activities, and funding requirements.



# Organizational Background

Sindh Ajrak Welfare Trust was established with the vision of serving humanity, reducing suffering, and helping disadvantaged people achieve a dignified life. Operating in both rural and urban areas of Sindh.

SAWT provides:

- Free medical care
- Free education/ Scholarship program
- Livelihood support
- Emergency relief
- Long-term development services.

The trust is registered, transparent, and community-driven.

**SAWT's specialty is its focus on the nursing sector, recognizing the critical shortage of qualified nurses in Pakistan. By supporting nursing students—especially women from low-income families—SAWT contributes to strengthening Pakistan's healthcare workforce.**



# Services Coverage Areas

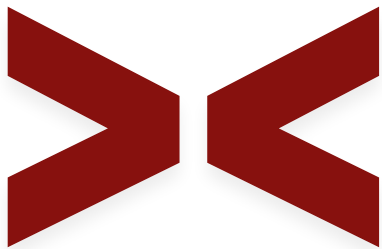
Sindh Ajrak Welfare Trust (SAWT) operates across the entire province of Sindh, reaching both urban centers and remote rural communities. The Trust focuses on improving healthcare, expanding education, strengthening livelihoods, and providing emergency support where it is needed most. SAWT's work is community-based, inclusive, and designed to uplift vulnerable populations across all districts.

## COVERAGE AREA OF SAWT

- Karachi
- Hyderabad
- Sukkur
- Larkana
- Khairpur
- Nawabshah (Shaheed Benazirabad)
- Jacobabad
- Kashmore
- Shikarpur
- Ghotki
- Dadu
- Jamshoro
- Thatta
- Sujawal
- Badin
- Sanghar
- Mirpurkhas
- Umerkot
- Tharparkar
- Matiari
- Tando Allahyar
- Tando Muhammad Khan

# Shortage of Nurses

- **Pakistan faces a deficit of nearly 900,000 nurses**, meaning the country has far fewer nurses than required to maintain safe healthcare standards.
- The recommended WHO ratio is 1 nurse per 1,000 population, but Pakistan has only 1 nurse for every 3,626 people (approx.).
- **Only 12,000–15,000 new nurses graduate each year, far below the national need.**
- Massive migration of nurses to Gulf countries further reduces local availability.
- 1 nurse for every 10 patients



**1 Nurse for, 10 Patients (Standard)**

**1 Nurse for, 40 Patients (in Pakistan)**

(according Nursing Council)



# Factors Behind the Shortage of Nurses

## 1. Limited Access to Nursing Education

- Many rural and low-income families cannot afford nursing tuition, fees, uniforms, or learning materials.
- Few training institutes exist outside major cities, limiting opportunities for rural students.
- **SAWT RESPONSE:**
  - Scholarships for underprivileged nursing students
  - Provision of study materials, uniforms, and supplies
  - Awareness sessions for promotion of nursing prestige

## 2. Low Enrollment of Women in Nursing

- Cultural barriers, social restrictions, and household responsibilities limit female participation.
- Nursing, traditionally seen as a low-status job, discourages women from entering the field.
- **SAWT RESPONSE:**
  - Promoting nursing as a respectable, career-oriented profession
  - Supporting female students with stipends and mentorship, dress/uniform, book, scholarship
  - Community awareness campaigns encouraging girls' enrollment in higher secondary schools/colleges

## 3. Limited Training Capacity

- Existing nursing institutes have insufficient infrastructure, library, labs, faculty opportunities.
- Graduates often lack practical, hands-on experience and study material.
- **SAWT RESPONSE:**
  - Offering books, journals and other study materials for study
  - MoU with Hospitals OR Partnering with hospitals for clinical placements of deserving students
  - Offering Stipend to house job/internee students for completion of their studies.
  - Offering refresher workshops and practical skill sessions

## 4. Lack of Awareness, Career Guidance and migration to abroad

- Students/ graduates are unaware of nursing career pathways, benefits, and professional growth.
- Thousands of nurses migrate to Gulf countries or Western nations for better pay and benefits.
- **SAWT RESPONSE:**
  - Career counseling sessions and mentoring programs
  - Community-based awareness campaigns about the nursing profession
  - Promote female participation in healthcare

## Factors Behind the Shortage of Nurses ... SAWT Response

**Counselling session in public educational sectors**



**Scholarship Awarded to Students of BSN Degree Program 2025**



## Factors Behind the Shortage of Nurses ... SAWT Response

### **MOU SIGNING WITH HOLY FAMILY HOSPITAL FOR CLINICAL PLACEMENT OF NURSES WITH PAY**



### **AWARENESS SESSION IN NURSING COLLEGE BY SINDH AJRAK WELFARE TRUST**



# Core Services

SAWT operates in four major development sectors:

## 1 Healthcare Services

- Free medical camps and mobile health clinics
- Free ambulance service for emergency transport
- Preventive health awareness and screening programs
- Maternal and child health support
- Distribution of essential medicines and diagnostic assistance
- Referral pathways for critical cases in remote areas of Sindh



## 2 Educational Support

- Free schooling for underprivileged children
- Merit- and need-based scholarships
- Distribution of uniforms, books, stationery, and backpacks
- Community-based learning centers
- Education awareness campaigns to increase enrollment
- Special support for nursing education



# Core Services

## Poverty Alleviation & Economic Empowerment

- Vocational training programs (IT, tailoring, crafts, basic nursing assistant)
- Livelihood grants and financial assistance
- Monthly ration distribution
- Income generation and skill development for widows and unemployed



## Disaster Management

- Installation of clean water points and sanitation units
- Disaster preparedness training
- Emergency relief during floods, droughts, and climate-related disasters
- Reconstruction and rehabilitation support



# Problem Statement

Rural Sindh continues to face deep gaps in healthcare, education, and income stability. Remote health centers lack trained nurses, resulting in weak maternal, neonatal, and emergency care. Despite national demand, nursing enrollment from disadvantaged areas remains very low.

Schools face teacher shortages, limited resources, and high dropout rates. Families struggle with low incomes and frequent climate shocks, including floods and heatwaves, with little disaster-preparedness awareness.

The latest assessment (reflected in the pie chart) identifies nursing education as the highest priority, followed by community health outreach, livelihood support, and basic education. SAWT aims to address these gaps through targeted, community-focused interventions.

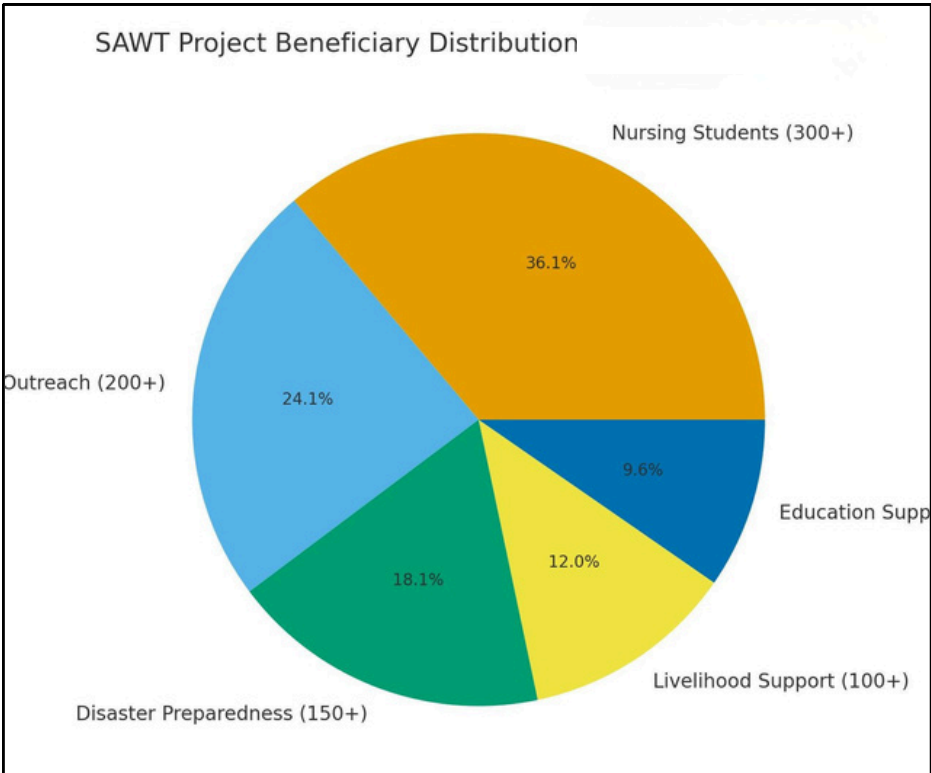
# Project Goals & Objectives

**Overall Goal:**

To build community resilience in Sindh by strengthening nursing education, improving primary healthcare access, supporting livelihoods, enhancing basic education, and promoting disaster preparedness.

**Specific Objectives:**

- 1. Nursing Development (Highest Priority – 300+ Students)
- 2. Healthcare Outreach (200+ Beneficiaries Annually)
- 3. Disaster Preparedness & Resilience (150+ Beneficiaries)
- 4. Livelihood Support (100+ Families)
- 5. Education Support (80–100 Children)



# Detailed Project Activities

## HEALTHCARE:

1

- Monthly mobile health clinics and medical camps to randomly selected rural areas of Sindh
- Free ambulance and emergency care support in areas where transportation is expensive
- Maternal health checkups, nutrition counseling, and neonatal care
- Community screening for diabetes, hepatitis, anemia, and other diseases in rural and urban areas
- Health awareness programs covering hygiene, sanitation, breastfeeding, and disease prevention in publicly crowded areas specially school/colleges, factories, laboratories, bus stops, Flood-affected pockets, Isolated desert and semi-desert areas etc



## Education & Nursing Sector Development:

2

- Scholarships for poor students specially in nursing sector
- Arrangement of books, uniform, stationary and other necessary stuff for students mainly nursing education
- Establishing skills labs and training facilities
- Strengthening clinical placements training by MoU with Hospitals
- Paying graduates/ internee the internship pay in-house job period
- Job placement and career counseling for nursing graduates
- Establishing learning centers in underserved communities



# Detailed Project Activities

## POVERTY ALLEVIATION & ECONOMIC EMPOWERMENT

### A. SHORT TRAININGS IN:

SAWT will offer market-relevant skills to help individuals—especially women and youth—gain employable abilities. Trainings will be conducted in:

- IT skill
- Tailoring & Stitching
- Beautician courses
- Technician courses
- Mobile repairing courses
- Electrician Courses
- Handicrafts & Traditional Skills

### B. MICRO-GRANTS FOR SMALL BUSINESSES

Small financial support (PKR 10,000–30,000) will be provided to help vulnerable families start or grow income-generating activities such as:

- IT Accessories & Mobile repair stalls
- Home-based tailoring
- Grocery kiosks
- Livestock rearing (goat/chicken)
- Beauty and grooming services
- Small handicraft units

### C. MONTHLY RATION FOR VULNERABLE FAMILIES

To address immediate food insecurity, SAWT will provide monthly ration packages to the most vulnerable households, including:

- Widows and single mothers
- Elderly with no income sources
- Persons with disabilities
- Ultra-poor families below poverty line



## DISASTER MANAGEMENT:

- Installation of water hand pumps & sanitation units
- Heatwave survival training and flood preparedness sessions
- Emergency relief distribution (food, tents, WASH kits)
- Rehabilitation of damaged homes and community structures
- Referral of injured individuals to the concerned hospital through transportation during disasters.



# Target Beneficiaries

1. Rural and Urban Low-Income Families
2. Women, Widows, and Female-Headed Households
3. Students and especially Nursing Students from Underserved Communities
4. Children from Poor and Marginalized Families
5. People Affected by Floods, Heatwaves, and Natural Disasters
6. Unemployed and Under-Skilled Youth
7. Persons with Disabilities (PWDs)
8. Hungry people looking for ration support
9. Pregnant and Lactating Mothers
10. Elderly Individuals Without Care or Income Support

## Monitoring & Evaluation Plan

**SAWT will implement a robust monitoring system including:**

1. - Monthly progress reports
2. - Digital beneficiary tracking
3. - Field visits and activity verification
4. - Financial accountability and audits
5. - Quarterly impact reports submitted to donors
6. - Case studies and impact stories

# Success Stories

(some of hundred stories who get monthly scholarship in education)



Ms. ATOOFA



Mr. HASSNAIN HYDER



Ms. YOUSRA UJALA



Mr. MUHAMMAD SAAD



Ms. AFEEFA JOKHIO



HAFIZ. MUHAMMAD ADAM ARBAB



Ms. MISBAH



Mr. SAQLAIN HYDER



Mr. GHULAM QAMBER



Mr. KHALIQUE DIN



Mr. TOTO



Mr. IHSAN ALI



Ms. SHAREEN REHMAT



Mr. ABDUL RAUF



Ms. KAINAT



Mr. HAIDER ALI



Ms. AMNA



Ms. SABA GULZAR

# Conclusion

With donor support, Sindh Ajrak Welfare Trust will continue transforming lives through healthcare, education, economic empowerment, and disaster resilience efforts. SAWT welcomes grant partnerships, CSR support, and institutional funding to expand SAWT and uplift the most vulnerable communities of Sindh.

We look forward to partnering with esteemed donor agencies committed to sustainable development and humanitarian service.



# Contact Us



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BANK:

MEEZAN BANK LIMITED

ACCOUNT TITLE:

SINDH AJRAK WELFARE TRUST

ACCOUNT IBAN #:

PK50MEZZ0099340112457221